



September 22, 2020

As provincial regulations continue to be amended, it is important to keep up to date and abide by provincial, municipal and facility guidelines. The health and well-being of each of our members is our top priority.

Ontario has announced that gatherings cannot exceed 10 participants and as of September 2nd, Quebec has allowed karate matches but not tournaments and within a training group of four individuals. This allows restricted contact in Quebec (not Ontario or BC) and the Quebec dojos may conduct kyu tests. However, even if contact is permitted, dojo leaders must use their own discretion whether it would be safe or not.

Continue outdoor practices as long as practical. As the weather gets colder, wear street clothes and footwear.

Facilities are starting to open up for indoor practices. Some points to consider:

- Persons exhibiting any signs of illness, such as fever or coughing, are not admitted.
- Have hand sanitizers available.
- Check the air circulation in the facility
- Wear masks. If members have trouble breathing with a mask, have them take a break.
- No loud kiai.
- Not allowing people over the age of 50 and/or have a compromised immune system from participating.
- Physical distancing – see University of BC dojo pics below as an example

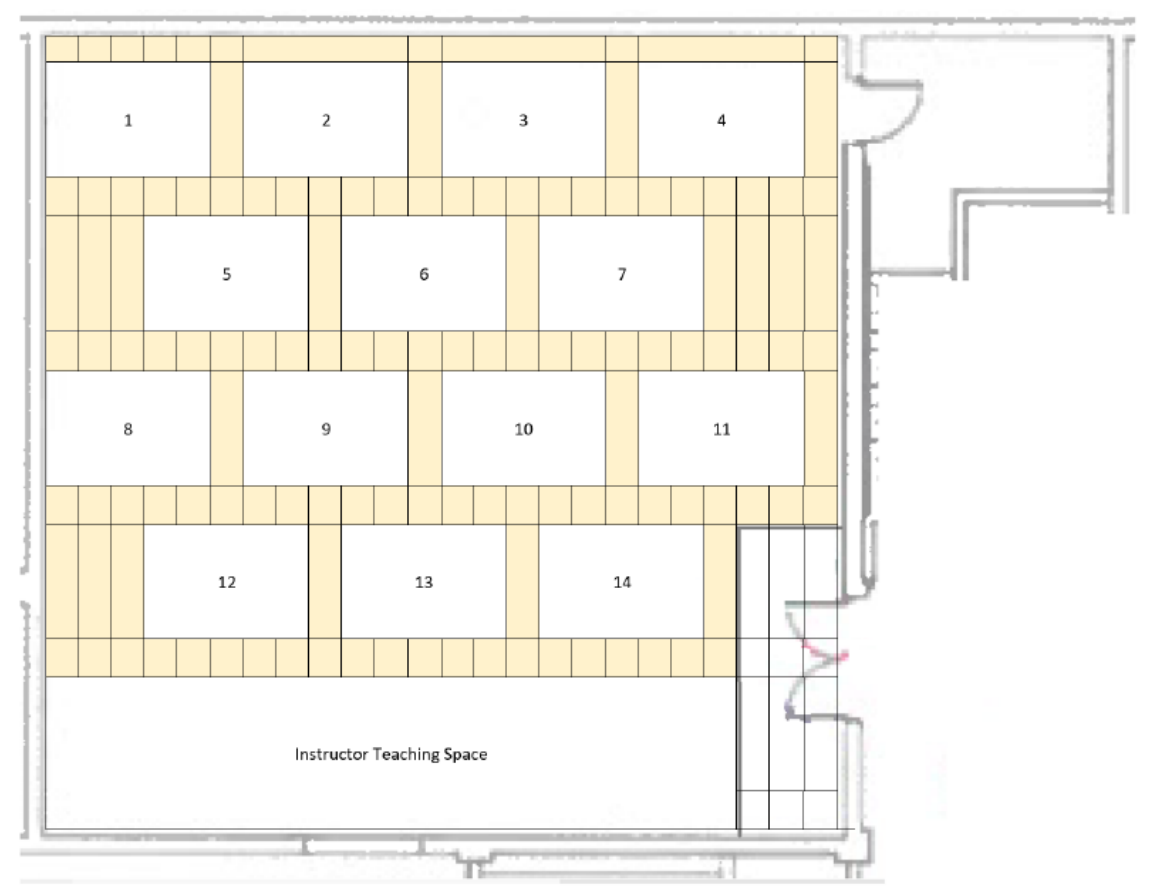
A reminder that all participants must sign the Release and Waiver form that was issued in June and the original mailed to our legal counsel and CSK Secretary:

Brian J. Konst
Barrister & Solicitor
Mackenzie Fujisawa LLP
1600 – 1095 W. Pender St.
Vancouver, BC V6E 2M6

Please contact me if you have any questions or concerns.

Donald Gee
President, Black Belt Council

SRC Dojo - Map



SRC Studio - Picture

